


INFORMATION FOR INCOMING EXCHANGE STUDENTS 2015/2016



Application Deadline	For Autumn semester: 15 May 2015 For Spring semester: 15 October 2015
NHL University of Applied Sciences	http://www.nhl.nl/nhl/10359/exchange-students/program-courses-exchange-students/downloads.html See pdf: Flyer NHL in Leeuwarden
NHL University Semesters	Autumn 2015: Official Semester: 31 August 2015 – 22 January 2016 Spring 2016: Official Semester: 01 February 2016 – 24 June 2016
Arrival Day	Autumn semester : 24 August 2015 Spring semester: 25 January 2016 We recommend all exchange students to arrive on the official Arrival Day and sign in for introduction week.
Application Instructions	http://www.nhl.nl/nhl/4551/international/exchange-students/program-courses-exchange-students/how-to-apply.html
Courses in English	http://www.nhl.nl/nhl/5450/exchange-students/exchange-programs.html (See Institute of Healthcare and Welfare for Minor Healthy and Happy Ageing, week 16 op de website)
Credits	One academic year of full-time studies is equivalent to 60 higher education credits. One semester equals 30 credits. http://www.nhl.nl/nhl/4386/international/exchange-students/program-and-courses/credit-system.html
English Language Requirements	CEFR level B2 http://www.nhl.nl/nhl/10359/exchange-students/program-courses-exchange-students/downloads.html

	See pdf: English Language Proficiency
Accommodation	Accommodation for exchange students: http://www.nhl.nl/nhl/4553/international/exchange-students/program-courses-exchange-students/housing.html
Getting to Leeuwarden	http://www.nhl.nl/nhl/4522/exchange-students/the-netherlands-and-leeuwarden/travel-information.html
Letter of Acceptance	After registration you will receive an email stating that the procedure is followed correctly. After reviewing all the information you will receive a confirmation email that describes all credentials and study. At that moment the student has been accepted for the course.
Introduction Programme	The International office in collaboration with the Erasmus Student Network (ESN) provides the introduction. The programme of this week will send by mail after registration.
Insurance Information	http://www.nhl.nl/nhl/11321/exchange-students/practical-information/insurance.html
Erasmus Student Network	http://www.nhl.nl/nhl/10358/exchange-students/program-courses-exchange-students/erasmus-student-network.html
Estimated Expenses	http://www.nhl.nl/nhl/4554/international/exchange-students/program-courses-exchange-students/finance.html
Contact Details Faculties and International Office	<p>Post address: NHL International Office P.O. Box 1080 8900 CB Leeuwarden The Netherlands</p> <p>Visit address NHL International Office Rengerslaan 10 8917 DD Leeuwarden The Netherlands</p> <p>Phone, Fax and e-mail Tel +31(0) 58 251 1883 Fax +31(0) 58 251 1899 Internationaloffice@nhl.nl</p> 
Programme	<p>The international minor Healthy and Happy Ageing consist of four modules:</p> <p>E-learning: Portraits of the elderly, Healthy aging, Healthcare technology, Prevention and processes of change, and vision development</p> <p>Interactive Learning: Elderly and healthy aging, Current trends and policy development, Ethical dilemmas and</p>

	<p>Collaborative learning</p> <p>Training: Prevention and coping strategies, Prevention and motivational interviewing and Professional communication</p> <p>Research: based on project work, excursions, practical research and a poster presentation</p>
Theory / practice	The minor processed several literature assignments. Practical elements are incorporated in interviews, assignment age friendly cities, training and excursions.
Study methods	<p>Lectures</p> <p>Discussions</p> <p>Self-study</p> <p>Group work</p> <p>Cases</p> <p>Skills training</p> <p>Excursions</p> <p>Guest lectures</p> <p>Reflections</p>
Exam	<p>15 ECTS Portfolioassessment I</p> <p>15 ECTS Portfolioassessmentmen II</p>

